



THE SPIRIT *of St. James*

August 2010

The Newsletter of St. James Episcopal Church

Volume 10, Issue 8

www.stjameslouisia.org

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St. James is pleased to host:

“Aging With Grace and Joy”

September 10th and 11th at The Louisa Arts Center

As Time Goes By: Insights for Growing Older With Purpose

Friday, September 10 6:30 pm—8:30 pm

If you are over 50, this session is for you. For the first time in your life you may find yourself free or nearly free of the pressure to have a career plan or children that need rearing. Cary Gray Kelly, a certified life coach specializing in helping people design purposeful lives, will lead an exploration about living into the later decades of life with joy, purpose, energy and intention. The best life is one that is planned for, so join us on this evening to begin designing your future and living the life you’ve been given with gusto.

Reversing Roles: Caring for Aging Parents

Saturday, September 11 9:00 am —2:00 pm

Parenting your parents comes with complex emotional burdens. In Saturday’s session Cary Gray Kelly brings insights and tools for managing the demands of multi-generational living while caring for aging parents. Cary is an engaging, vibrant speaker, who will help caregivers see their situations with new eyes and new possibilities.



Cary Gray Kelly helps people create a life of intention and purpose. With over 15 years experience in organizational and personal development, Cary brings a wealth of knowledge to those looking for ways to experience improved performance or personal growth. She is the President of Cary Gray Kelly, LLC, attended the University of Virginia and resides in Alexandria with her husband. Her sessions are interactive and applicable to where people are "living", as she takes time to draw out the concerns and needs of seminar participants.

Important! We can only take 40 for each session in this important seminar. We want our St. James family to have the first opportunity to sign up...but we will open it to the community at large in mid-August. If you want to attend, we urge you to register right away!

Registration form on page 5.

Book Bags for Kids

Sponsored by
St James Episcopal Church
Outreach Committee



Once again this year, St. James Outreach is sponsoring “Book Bags for Kids” to help some of Louisa’s neediest kids start the school year in a positive way. The school system asks students to bring a considerable list of supplies on the first day, and that can be a financial hardship for some families. School personnel are adamant that support is needed.

We can help! Please buy some extra supplies when you purchase items for your students, and deposit items to the box in the parish hall by August 8th. This is a great opportunity for a family to do something together for others. If you’re not buying supplies, you could put a designated donation in the plate on Sunday. Outreach will also purchase items and deliver all donations to the Middle School as school starts. We’re supporting the Middle School because others offer considerable support to the Elementary School. The exact list is available on the Louisa School web page, but any school supply items such as paper, pencils, one inch notebooks, marble notebooks, etc. will help.



Please place the supplies in the box with “Book Bags for Kids” written on the side by Sunday August 8th. Thank you for your help.

If you have questions, please call Don Shultis at 872-2496

- | | |
|--|---------------------------|
| 3 - one inch binders | 4 - folders with pockets |
| 1 - two inch binder | 4 - folders with pockets |
| 4 - packages loose leaf wide ruled paper | 2 - boxes tissues |
| 4 - packages loose leaf wide ruled paper | Pens (blue or black) |
| 1 - 3 subject spiral notebook | pencils |
| 5 - marble notebooks | calculator |
| 3 - packs of dividers | 1 - packages sticky notes |





School Days Start Again.

As the summer grows long and the Scarlett Sage grows tall, our students and teachers prepare to return to school for the new school year.

Each and every one of our community's students and teachers needs our prayers and support as they start their new adventure.



“Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted

Prayer List

Edna Thomas
 Greg Pleasants
 Lynn Guilford
 Liz Walton
 AJ Peregoy
 Melody Palmer
 Melissa Bealafeld
 Bob Lyles
 Agnes Neifert
 Ronnie Andrews
 Hope Shaw
 Linda Tucker
 Craig Weingartan
 Sherrill Gibson
 Patsy Rollins
 Betty Zamski

Bill Dabney
 Bob Wright
 Ron McCormick
 Jim Miller
 Effie Wells
 Sam Wampler
 Kim Hoschar

For those in military service and those serving the military, especially: Bryan Link, Hunter Scot, Patrick Hurley, Matthew Godsey, Charles Valentine, Logan MacDonald and their families.

...and all for Your love's sake.”

*An Order for Compline,
 The Book of Common Prayer p.134*

...shield the joyous;

Those Celebrating August Birthdays and Anniversaries

- 2 Dylan Wratchford
- 3 Susan Sharpe
Liz & Bill Blanchard
- 4 Allen Hall
- 7 Allen & Lisa Walton
Richie Maher
- 10 Sunny Agee
- 11 Liz Blanchard
- 12 Kris Jones
- 13 Laura & Diron Early
- 14 Patty Madison
Jeff Martin
Dona Breen
- 15 Caroline Craig
- 16 Bill Murphey
Wes & Linda Harvey
- 23 Kate Hussman & James Kean
- 24 Jen Downey
- 26 LaVahn Hoh
Dave & Taska Parker
- 28 Linda Boxley
Michael Breen
- 30 Nancy & Ed Kuranda
- 31 Diron Early

Bulletin Board

Breakfast, Books, Baked Goods & Bargains (aka white elephants)

Mark your calendars for this fall's St. James fundraiser, which will begin at 7:30 a.m. on Saturday, October 9th. This event, sponsored by the ECW and Men's Group, will serve as our Fall Festival on a slightly smaller scale than in prior years.

The aroma of ham biscuits will fill the air for breakfast. Fascinating stories will abound at our used books sale, and perhaps more will be told by some of our entertaining church members. Traditional and some new baked goods will be ready for eager shoppers. And, of course, the white elephants are already marching through our fellowship hall doors, ready to be moved to new homes.

So, start preparing now:

Bring your gently used books and place them in the box at the back of the church.

Clean out those basements and cupboards (no clothes please) and save your unwanted treasures for the men's sale.

Dream of sugar plums or other fascinating treats that you will bake or can for the bake sale.

We have found that interesting packaging in baskets or on pretty plates does entice our shoppers, so watch for bargain containers that you might use.

Questions can be directed to committee chairs:

Breakfast – Anna Lou Flynn and Julie Franklin

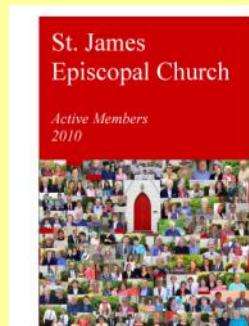
Books – Paula Treiber and Liz Blanchard

Baked Sale – Jo Richards and Lin Kogle

Bargains/Elephants – Mike Breen

Want to be an Acolyte?

If you are a 3rd grader this year, or if you have been out of 3rd grade for many decades, and would like to serve, please let Rev. Ann or Liz Blanchard know.



Copies of the new St. James Pictorial Directory are available inside the front door of the church.

**TWO NEW OPPORTUNITIES FOR WORSHIP
TO BEGIN AT ST. JAMES**

A Service of Healing with informal Eucharist

When: The **first Wednesday** of each month

Time: Noon

Beginning: September 1, 2010

A **Saturday evening** service of Holy Eucharist

When: The **first Saturday** of each month

Time: 5:30 p.m.

Beginning: October 6, 2010

**Details and Registration for
“Aging With Grace and Joy”**

Dates: September 10 & 11, 2010

Times: Friday evening: 6:30 - 8:30 pm

Saturday: 9:00 am - 2:00 pm

Place: The Gallery of the Louisa Arts Center
212 Fredericksburg Ave. Louisa, Virginia

Cost: Friday evening only: \$10

Saturday only: \$20

Friday and Saturday: \$25

Lunch Saturday: Bring your own
Drinks and dessert provided

Dress: Informal and comfortable

Registration deadline:

Wednesday, September 1, 2010

Limited to the first 40 paid

registrations for each or both events

(Registration forms also online at www.stjameslouisa.org)

Registration Form

Name _____

Address _____

Phone _____

Email _____

Register me for:

Friday Night session only (\$10)

Saturday session only (\$20)

Both sessions (\$25)

Amount Enclosed \$ _____

Mail Registration to:

St. James Episcopal Church

P.O. Box 1216, Louisa, VA 23093

Make checks payable to:

St. James Episcopal Church

Questions? 967-1665



Saint James Episcopal Church

Our commitment: Walk with God

**P.O. Box 1216
Louisa, VA 23093**



**“Aging With Grace and Joy”
September 10th and 11th**

Details on page one

St. James Vestry 2010

Church office email address: stjameslouisa@verizon.net

THE NEXT VESTRY MEETING IS THURSDAY, August 19th, at 7:00 p.m.
